

Students' Learning and Study Strategies Survey for [Class Name & Number]

This survey asks you to identify how you study in this course. Each of the items below describes a specific study strategy or habit. Think about each item as it applies to you only in this course. Indicate how typical it is for you to use each strategy in this class.

I will compile the results of the survey for everyone in the class and then provide the class with information about effective and ineffective ways to study. The goal is to help improve your learning in this class.

PART A: Learning strategies and habits

1. Read course material by the assigned dates.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

2. Highlight or underline material in assigned readings.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

3. Take notes from assigned readings.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

4. Rewrite notes.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

5. Highlight notes.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

6. Re-organize notes.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

7. Review notes after class or before exams

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

8. Reread parts or all of the assigned course material

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

9. Use flashcards to strengthen your memory for material.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

10. Use flashcards to identify what you know and don't know

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

11. Solve practice problems.

- A. Very typical of me
- E. Somewhat typical of me
- F. Not typical of me
- G. Rarely or never do this

12. Study worked examples that explain solutions to problems

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

13. Use an online service to get additional material, examples of test questions and exams, etc.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

14. Study with a partner or group of students.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

15. Memorize material through repetition.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

16. Use mnemonics or memory techniques to remember material.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

17. Make outlines or review sheets as study aids

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

18. Stop periodically while reading or studying to test yourself by trying to remember the material without looking back at it.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

19. Think of examples that illustrate concepts and ideas.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

20. Draw diagrams, charts, or pictures.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

21. Write summaries of material.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

22. Make concept maps.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

23. Practice writing answers to questions you think will be on the test.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

24. Teach or explain the material to another student.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

25. Prepare for exams by cramming the night before the test.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

26. Prepare for exams by spreading out your study time. For example, you study for a test on 5 different days for one hour each day.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

27. Follow a schedule to work on homework or projects on specific days and times.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

28. Wait until the last minute to do homework or assignments.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

29. Go to see a course tutor if you are very confused or stumped.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

30. Go to see your teacher for help.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

31. Multi-task while studying by doing another task at the same time you are studying, e.g., check email, texts, watch TV, talk on the phone, etc.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

32. Study in a space with minimal distractions.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

33. Follow study guides provided by your instructor.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

34. Use flashcards to study for exams

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

PART B: Notetaking strategies and habits

When taking notes during class I

try to write down everything the instructors says

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

try to write down everything on slides and graphics

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

try to write down only the key ideas

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

try to write down whatever the instructor says is important to know

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

leave blank spaces where I missed material

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

write questions about information I didn't understand

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

try to think about the meaning of the information

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

have difficulty focusing on the meaning of the material and writing down the information at the same time

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

use abbreviations and shortcuts to take down information

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

try to make an outline or big picture of the topic

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

draw diagrams or graphs to help understand and remember information

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

prefer to take notes by hand

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

prefer to take notes with a laptop

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

review my class notes as a way to prepare for next class or exams

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

PART C: Reading strategies and habits

I read assigned material for the first time just before taking a course exam over it.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

After completing an assigned reading, I immediately reread it

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

After completing an assigned reading, I reread it at a later date, e.g., several hours or days later

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

I reread assigned material just before taking a course exam over it.

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

I reread material selectively by focusing on what I do not understand or remember very well

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

When I read assigned material for this class I

highlight or underline material while I am reading

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

read the material first and then go back and highlight or underline portions of it

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

highlight or underline parts of the textbook that are in bold print

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

write notes or questions in the margin

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

outline the material

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

read material first and then go back and outline it

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

backtrack over material that I don't understand

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

stop when I don't understand something and try to figure it out

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

make a note of material I don't understand

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

pause periodically and try to recall the material I just read

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

keep track mentally of what I understand and don't understand

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

quit reading if it seems too difficult

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

try to memorize the material

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

try to think about the meaning of the material

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

try to relate the new information to things I already know from the course

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

try to relate new material to personal experiences

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

stop and search online to get more information about an idea I don't understand

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

stop and search online to get more information about an idea I think is interesting and want to know more about

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

test myself at the end of a section or an entire assigned reading to strengthen my memory

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

test myself at the end of a section or an entire assigned reading to check what I know and don't know

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

PART D: Understanding the material

When I don't understand course material I am studying, I

reread it until it makes sense

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

try to explain it to myself

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

try to explain it to a friend or classmate

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

skip over it

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

ask another student to explain it

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

ask the instructor to explain it

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

get help from a tutor

- A. Very typical of me
- B. Somewhat typical of me
- C. Not typical of me
- D. Rarely or never do this

PART E: Narrative Responses

Please write answers below. Expand space as needed.

Describe how you study for exams in this course. Make a list of how you plan or schedule your time, what you do when you study, study strategies you use, where you study, how long, etc.

Describe the most effective strategies you use in preparing for exams. In other words, what do you think works best for you?

Describe anything you want to change or improve about the way you study?

PART F: Study schedule (option 1)

You have an upcoming exam in this course. Use the table below to describe how you would prepare for the test. Expand rows as needed.

PLANNING. Describe how you would plan to study for the exam, e.g., what information you need or want from the instructor; how you decide what and when to study, etc.	
STUDY SCHEDULE. Use the rows below to describe each study session and what you would do each time you studied for the exam. Treat the rows like a calendar. Each numbered row corresponds to a day prior to the exam. Leave blank any days in which you would not study.	About How long would you study each session
14.	
13.	
12.	
11.	
10.	
9.	
8.	
7.	
6.	
5.	
4.	
3.	
2.	
1.	
TEST DAY	

PART F: Study schedule (option 2)

Suppose you have an upcoming exam in an important course. The course is fairly difficult but you have kept up by doing the course assignments and homework. Two weeks before the test the instructor hands out a one-page guide that lists the major topics covered on the test, and indicates that the test will include both multiple choice and essay questions. Use the table below to describe how you would prepare for the test.

Study Sessions. Indicate on what days you would study and describe what you would do to study during each study session.	About How long would you study each session
1. INSTRUCTOR HANDS OUT TEST GUIDE	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	
13.	
14. TEST DAY	